YEAR IN REVIEW

Thank you for making Fiscal Year 2018 such a successful one for the National Kidney Foundation of Illinois!

For nearly 70 years, the National Kidney Foundation of Illinois has provided residents of our state with education, information on prevention and invaluable support for those suffering from kidney disease, those on dialysis, those in need of a transplant and those who have received a transplant. 2018 was no different.

- Our KidneyMobile® program provided nearly 60 free prevention screenings in every corner of Illinois. 70% of the 3,450 screened had at least one abnormal test result, and more than 45% were immediately referred to a physician or health center.
- The Board of Directors granted $120,000 to a promising young investigator, researching gene therapy for congenital abnormalities of the kidney and urinary tract in children.
- Nearly 550 patients and caregivers attended free educational seminars to learn how to manage their disease, support their loved one and network with medical professionals and people in similar situations.

All of our early detection and patient programs are FREE, because we know that we are dealing with some of the most vulnerable communities in our state. Oftentimes, these are people who are choosing between buying groceries for their families or spending that money on their life-saving medication. Contributions like you allow them to attend an educational seminar or early detection screening without having to worry about cost.

Every person we come across while doing this critical work has a story. They may have been a seemingly healthy nine-year-old, suddenly diagnosed with kidney failure in the emergency room and immediately put on dialysis. They may be a physician, whose life’s work is to advocate or conduct research for their patients and their families. They may be a philanthropist who dedicated their life to financially supporting awareness and prevention efforts because they lost a relative at a young age.

Our ongoing goal is to keep our overhead low while increasing our services in the field, and you truly make this possible! The National Kidney Foundation of Illinois is stronger than ever due to our continually expanding community who comes together to donate time, resources and talent in support of our vital mission: to improve the health and well-being of people at risk for or affected by kidney disease through prevention, education and empowerment.

Thank you for wholeheartedly being a part of the National Kidney Foundation of Illinois. We are looking forward to much more on Fiscal Year 2019!

Matthew B. Gilbert
Anne Gemmill Black
NKFI Board President
Chief Executive Officer
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Prevent • Educate • Empower

Learn more at www.nkfi.org (800) 9-kidney
@IllinoisKidney @IllinoisKidney @IllinoisKidney

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YEAR IN REVIEW

<table>
<thead>
<tr>
<th>Expenses</th>
<th>Revenue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$1,820,353</td>
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<tr>
<td>Fundraising</td>
<td>$2,169,905</td>
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<tr>
<td>Management and General</td>
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</tr>
<tr>
<td>All Other Income*</td>
<td></td>
</tr>
<tr>
<td>Contributions &amp; Bequests</td>
<td></td>
</tr>
</tbody>
</table>

*Includes investment return

Sawyer Dawes, age 4

The National Kidney Foundation of Illinois fiscal year runs from April 1 through March 31.
**Mark & Judy Schwartz**

In the early 1960s, when Mark Schwartz was four years old, his uncle Ronald contracted a terrible case of strep throat. The bacterial infection quickly took a deadly turn, causing his kidneys to fail and ultimately leading to his death. At age 23, Ronald left behind a pregnant wife and a loving family.

Devastated by the shocking loss, Mark’s father had dedicated his life to fighting kidney disease. He spent decades volunteering for donating, and advocating for the health of kidney patients, eventually helping pass a national legislative bill to protect those suffering.

Mark was inspired to follow his father’s humanitarian example. Over the last 13 years, Mark has committed his time and financial resources to the National Kidney Foundation of Illinois. He has served as Board President, Vice President and remains an active board member.

Over the years, Mark and his wife Judy have taught their children the importance of giving and fighting kidney disease awareness about the prevention of kidney disease. They are an estimated 90,000 people living with kidney disease in Illinois, and most of them do not know its impact. Mark’s goal is to find those people, and prevent or delay their disease. It was too late for Ronald, but within our future is the opportunity to save lives.

In the future, Mark wishes to see the NKFI reach more people by expanding the KidneyMobile early detection, free screenings throughout the summer. Today, Sheila and a healthy Teliyah attend the foundation’s Teens & Young Adults Living with Kidney Disease & Transplantation program. Sheila donated a kidney to her daughter, a perfect match in so many ways.

Sheila Williams has given life to her daughter Teliyah twice. First in January 2006, when Teliyah was born and then in December 2017, when Sheila gave her 11-year-old daughter a kidney.

Teliyah’s childhood has been anything but normal. It has come with six surgeries, over 2,000 pills, 7,000+ treatments, 15 hospital visits resulting in more than 60 terrifying nights in the hospital. She has endured hemodialysis, 750+ peritoneal dialysis sessions, 300+ shots, 6,000+ pills, and 15 hospital visits resulting in more than 60 terrifying nights in the hospital. She has had a hard life, at best. When you are a working mother of three and your young daughter has it, it is even harder. Sheila didn’t know where to turn so she called the National Kidney Foundation of Illinois, looking for help and answers.

Jodi Ortiz-Avila

**I was placed on this earth to save my father’s life.** - Josie

Josie Ortiz-Avila was eight months pregnant, preparing to meet her first child, when she received the tragic news that his kidneys were not working properly. Just seven days after his birth, baby Sawyer underwent the first of ten surgeries. After two and a half long years of appointments, medications, and trying new strategies, Sawyer’s medical team was able to stabilize his kidney disease at stage 3. He eventually will need a kidney transplant, but his parents and doctors hope that step is years down the road.

Josie learned early on that she was not a transplant match for her son and would never get the chance to give him her kidney. As a parent, it is heartbreaking to not be able to save your child everything he needs to survive. But Josie could give the gift of life to another little boy. Mark-debrah Ortiz, Josie’s father, desperately needed a new kidney. When Josie heard this, she immediately tested and was a match. In August of 2017, when Johnny was just 18 months old, Jamie’s son was a match for Mark-debrah.

**Keep fighting. Keep looking for answers. Keep pressing on.** - Josie

**Mary Wolfe**

Mary Wolfe is a dedicated advocate for the patients and families who have lost a loved one. She worked at the National Kidney Foundation for over 20 years, helping families navigate the complex and sometimes overwhelming process of dialysis and transplant.

Mary Wolfe has dedicated her life to helping those in need. She served as the National Kidney Foundation of Illinois’s Director of Development, overseeing the organization’s fundraising efforts. Mary Wolfe’s passion and commitment to helping others have made her a valuable asset to the National Kidney Foundation of Illinois.

Mary Wolfe’s work has touched the lives of many individuals and families affected by kidney disease. Through her dedication and tireless efforts, Mary Wolfe has made a significant impact on the lives of those she serves.

**Jamie Dawes**

**Being able to do this for my family has been a true blessing.** - Josie

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Mark & Judy Schwartz

In the early 1960s, when Mark Schwartz was four years old, his uncle Ronald contracted a terrible case of strep throat. The bacterial infection quickly took a dangerous turn, causing his kidneys to fail and ultimately leading to his death. At age 25, Ronald left behind a pregnant wife and a loving family.

Devastated by the shocking loss, Mark’s father dedicated his life to fighting kidney disease. He spent decades volunteering for donations, and advocated tirelessly for the treatment and kidney programs that kept him alive.

Today, Mark is inspired to follow his father’s humanitarian example. Over the last 13 years, Mark has committed his time and financial resources to the National Kidney Foundation of Illinois, providing over 250 hours of volunteer work.

The fiscally responsible nonprofit has a strong history of impact, stemming from generations of philanthropy. Today, the Schwartz family continues to be one of the foundation’s most generous donors.

The cuts and the children have taught the importance of giving and speaking out about the prevention of kidney disease. In Mark’s words, “it is even harder. Sheila didn’t know where to turn so she called Jack’s parents and doctors hope that step is years down the road.”

Support comes in many forms, but for the patients we serve, it means having some extra peace of mind. In Mark’s words, “I was able to do this for my family has been a true blessing.” - Josie

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Jamie says donating her kidney didn’t slow her down one bit. “There are so many people in need, it’s a great thing to do. You can feel alive with the gift of life.”

Jamie has already been a runner for two decades, and she’s planning to continue to run. “I was already registered for the Illinois Marathon. It was my first marathon and I was really excited to do it.”

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56
Free screenings provided around the state of Illinois in the past year.

3,450
Illinoisans tested for common risk factors.

Of those tested...

70%
had at least one abnormal result.

46%
were immediately referred to a physician or health center.

23
advocates met with their state senators and representatives about protections for living kidney donors.

$120,000
granted to a promising young investigator, researching gene therapy for congenital abnormalities of the kidney and urinary tract in children.

648
patients and caregivers attended educational seminars to learn how to manage their disease.

4,000
patients, family members and friends came together as a community for a health fair and three-mile walk to show solidarity in the fight against kidney disease.

383
renal professionals participated in debates, networking events, workshops and continuing education, strengthening the field of nephrology.
LEADERSHIP

ANNUAL REPORT
FISCAL YEAR 2018

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Research Grants

The National Kidney Foundation of Illinois is dedicated to investing in the most promising kidney disease research in Illinois, granting $1.8 million in support since 1989.

The foundation funds young investigators who have research projects that will increase the understanding of kidney, urologic and related diseases and transplantation; as well as improve the clinical management, treatment or cure of these diseases. Award winners receive up to $60,000 per year for a total of $120,000 per award period.

To make an even greater impact, the National Kidney Foundation of Illinois has added four new grant opportunities in 2018. The Medical Student Research Grant funds three $3,000 summer research projects and the Fellowship Extension Grant offers up to $75,000 in salary support for investigators in need of third and fourth-year fellowships to complete their work.

Our current Tony Noel Memorial Research Grant for the Young Investigator grantee is Gal Finer, MD, a pediatric nephrologist at Ann & Robert H. Lurie Children’s Hospital of Chicago. Dr. Finer was awarded $120,000 over the span of two years to research congenital anomalies of the kidney and urinary tract (CAKUT) as the leading cause of chronic kidney disease in children. Dr. Finer found that many of these cases arise from mutations in genes important in kidney development. With the help of her mentor, Susan E. Quaggin, MD, an internationally-acclaimed developmental nephrologist, Dr. Finer plans on finding new therapeutic targets in CAKUT.

Additionally, Dr. Finer expects the evidence found in her research to assist in the replacement of injured kidney tissue through tissue engineering, a possible cure to kidney disease.

Tipu Puri, MD, PhD

Tipu Puri, MD, PhD is a member of the Nephrology Faculty at The University of Chicago Medicine with clinical interests in general nephrology and a particular focus on management and slowing progression of chronic kidney disease (CKD). He was awarded the National Kidney Foundation of Illinois’ Tony Noel Memorial Research Grant for the Young Investigator from 2006-2008 to investigate patients' susceptibility to development of and progression of CKD. Dr. Puri enjoys volunteering at KidneyMobile health screenings, collaborating on Professional Advisory Board activities, and raising awareness of kidney disease.

“When I meet people that are faced with thinking about a future of dialysis or a kidney transplant I can’t help but ask myself whether things would be different if they knew about the problem 3 years ago? 5 years ago? 10 years ago? Making changes in lifestyle like diet and exercise are hard...managing diabetes and high blood pressure is hard...but being made aware of kidney disease when there is still time to do something about it...hopefully avoid dialysis or the need for a transplant...I would hope that might be empowering and would help people with the hard choices needed to take control of their health and take care of their kidneys. This is a major goal of the NKFI education and screening programs and one of the most rewarding parts of my involvement.” - Dr. Puri
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Josie Ortiz-Avila

Josie was eight months pregnant, preparing to meet her first child, when she received the tragic news that his kidneys were not working properly. Just seven days after his birth, baby Sawyer underwent the first of ten surgeries. After two and a half long years of appointments, medications, and trying new strategies, Sawyer’s medical team was able to stabilize his kidney disease at stage 5. He eventually needed a kidney transplant, and his parents and doctors hope that step is years down the road. Today, Josie is doing well on her new kidney. She says donating her kidney hasn’t slowed her down one bit. “There are so many people in need, it’s a great thing to share your gift of life,” says Josie. "Being able to do this for my family has been a true blessing.”

Jamie Dawes

Jamie was nine years old when her family received the news: her father, a loving husband and father of three, needed a kidney transplant. He had been on dialysis for three years. "I was heartbroken but also really grateful," says Jamie. "My dad was never in the hospital, so he was always there. I knew one day that I would give my own kidney to my dad, and it came true."

Jamie says donating her kidney hasn’t slowed her down one bit: "There are so many people in need, it’s a great thing to share your gift of life." "You can live full and have the gift of life," says Jamie. When Jamie heard this, she immediately got tested and was a match. In August of 2017, when Johnny was just 18 months old, Jamie's parents and doctors hope that step is years down the road. Today, Jamie is doing well on her new kidney. She says donating her kidney hasn’t slowed her down one bit. “There are so many people in need, it’s a great thing to share your gift of life,” says Josie. "Being able to do this for my family has been a true blessing.”

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Jamie says donating her kidney hasn’t slowed her down one bit: "There are so many people in need, it’s a great thing to share your gift of life." "You can live full and have the gift of life,” says Jamie. When Jamie heard this, she immediately got tested and was a match. In August of 2017, when Johnny was just 18 months old, Jamie's parents and doctors hope that step is years down the road. Today, Jamie is doing well on her new kidney. She says donating her kidney hasn’t slowed her down one bit. “There are so many people in need, it’s a great thing to share your gift of life,” says Josie. "Being able to do this for my family has been a true blessing.”

Josie Ortiz-Avila

Josie was eight months pregnant, preparing to meet her first child, when she received the tragic news that his kidneys were not working properly. Just seven days after his birth, baby Sawyer underwent the first of ten surgeries. After two and a half long years of appointments, medications, and trying new strategies, Sawyer’s medical team was able to stabilize his kidney disease at stage 5. He eventually needed a kidney transplant, and his parents and doctors hope that step is years down the road. Today, Josie is doing well on her new kidney. She says donating her kidney hasn’t slowed her down one bit: "There are so many people in need, it’s a great thing to share your gift of life," says Josie. "Being able to do this for my family has been a true blessing.”

Jamie Dawes

Jamie was nine years old when her family received the news: her father, a loving husband and father of three, needed a kidney transplant. He had been on dialysis for three years. "I was heartbroken but also really grateful," says Jamie. "My dad was never in the hospital, so he was always there. I knew one day that I would give my own kidney to my dad, and it came true."

Jamie says donating her kidney hasn’t slowed her down one bit: “There are so many people in need, it’s a great thing to share your gift of life,” says Jamie. "You can live full and have the gift of life.” "Being able to do this for my family has been a true blessing.”

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Thank you for making Fiscal Year 2018 such a successful one for the National Kidney Foundation of Illinois! For nearly 70 years, the National Kidney Foundation of Illinois has provided residents of our state with education, information on prevention and invaluable support for those suffering from kidney disease, those on dialysis, those in need of a transplant and those who have received a transplant. 2018 was no different.

• Our KidneyMobile® program provided nearly 60 free prevention screenings in every corner of Illinois. 70% of the 3,450 screened had at least one abnormal test result, and more than 45% were immediately referred to a physician or health center.

• The Board of Directors granted $120,000 to a promising young investigator, researching gene therapy for congenital abnormalities of the kidney and urinary tract in children.

• Nearly 650 patients and caregivers attended free educational seminars to learn how to manage their disease, support their loved one and network with medical professionals and people in similar situations.

All of our early detection and patient programs are FREE, because we know that we are dealing with some of the most vulnerable communities in our state. Oftentimes, these are people who are choosing between buying groceries for their families or spending that money on their life-saving medication. Contributions like you allow them to attend an educational seminar or early detection screening without having to worry about cost.

Every person we come across while doing this critical work has a story. They may have been a seemingly healthy nine-year-old, suddenly diagnosed with kidney failure in the emergency room and immediately put on dialysis. They may be a physician, whose life’s work is to advocate or conduct research for their patients and their families. They may be a philanthropist who dedicated their life to financially supporting awareness and prevention efforts because they lost a relative at a young age.

Our ongoing goal is to keep our overhead low while increasing our services in the field, and you truly make this possible! The National Kidney Foundation of Illinois is stronger than ever due to our continually expanding community who comes together to donate time, resources and talent in support of our vital mission: to improve the health and well-being of people at risk for or affected by kidney disease through prevention, education and empowerment.

Thank you for wholeheartedly being a part of the National Kidney Foundation of Illinois. We are looking forward to much more in Fiscal Year 2019!

Matthew B. Gilbert
NKFI Board President

Anne Gemmill Black
Chief Executive Officer

Sawyer Dawes, age 4

The National Kidney Foundation of Illinois improves the health and well-being of people at risk for or affected by kidney disease through prevention, education and empowerment.